

**Club Aquatique Polydium Chateauguy  
King of Freestyle 2018**

**King Of Freestyle (CAN) -10-19-2018-10-21**

Results summary

Men, Short Course (25m), Can PARA 2012

	Distance,Stroke	Pl.	Time	Round	Old PB.	Diff.		
Averbuch Nick	2005-04-17	129135059					C.A.Polydium Chateauguy	
	50 Freestyle	2	33.35	F	36.32	119%	PB	Pt.
	50 Freestyle	5	33.69		36.32	116%	PB	Pt.
	100 Freestyle	2	1:14.96	F	1:19.16	112%	PB	Pt.
	100 Freestyle	4	1:15.47		1:19.16	110%	PB	Pt.
	200 Freestyle	2	2:43.33	F	2:52.99	112%	PB	Pt.
	200 Freestyle	2	2:42.55		2:52.99	113%	PB	Pt.
	400 Freestyle	3	5:54.08	F	6:49.69	134%	PB	Pt.
	400 Freestyle	3	5:53.55		6:49.69	134%	PB	Pt.
	1500 Freestyle	2	23:20.31		--		PB	Pt.
Belyansky Lyon	1999-11-03	129073973					C.A.Polydium Chateauguy	
	50 Freestyle	2	27.53	F	25.94	89%		Pt.
	50 Freestyle	2	27.76		25.94	87%		Pt.
	100 Freestyle	2	1:02.91	F	57.65	84%		Pt.
	100 Freestyle	3	1:02.82		57.65	84%		Pt.
	200 Freestyle	3	2:27.73	F	2:09.05	76%		Pt.
	200 Freestyle	3	2:23.14		2:09.05	81%		Pt.
	400 Freestyle	2	5:24.26	F	4:59.39	85%		Pt.
	400 Freestyle	3	5:19.78		4:59.39	88%		Pt.
	1500 Freestyle	3	22:44.33		20:45.52	83%		Pt.
Benoit-Gallien Loic	2008-10-22	129168068					C.A.Polydium Chateauguy	
	50 Freestyle	3	42.64	F	--		PB	Pt.
	50 Freestyle	6	42.42		--		PB	Pt.
	100 Freestyle	3	1:39.22	F	1:46.53	115%	PB	Pt.
	100 Freestyle	6	1:37.49		1:46.53	119%	PB	Pt.
	200 Freestyle	4	3:43.77	F	--		PB	Pt.
	200 Freestyle	5	3:35.34		--		PB	Pt.
	400 Freestyle	4	7:53.22	F	--		PB	Pt.
	400 Freestyle	5	7:40.00		--		PB	Pt.
Cousineau Francis	1999-10-22	129069676					C.A.Polydium Chateauguy	
	50 Freestyle	3	29.78	F	27.46	85%		Pt.
	50 Freestyle	4	29.37		27.46	87%		Pt.
	100 Freestyle	5	1:08.58		1:01.10	79%		Pt.
	200 Freestyle	2	2:25.70	F	2:10.43	80%		Pt.
	200 Freestyle	4	2:33.24		2:10.43	72%		Pt.
	1500 Freestyle	1	22:10.87		18:52.13	72%		Pt.
Couture Gabriel	2005-08-14	129123201					C.A.Polydium Chateauguy	
	50 Freestyle	6	34.07		33.86	99%		Pt.
	200 Freestyle	6	3:13.76		3:08.53	95%		Pt.
	1500 Freestyle	4	29:06.56		--		PB	Pt.
Farago Tristan	2009-02-24	129168066					C.A.Polydium Chateauguy	
	50 Freestyle	6	49.12	F	1:08.00	192%	PB	Pt.
	50 Freestyle	7	43.75		1:08.00	242%	PB	Pt.
	100 Freestyle	5	1:44.76	F	1:48.91	108%	PB	Pt.
	100 Freestyle	7	1:46.55		1:48.91	104%	PB	Pt.
	200 Freestyle	5	3:57.45	F	--		PB	Pt.
	200 Freestyle	7	3:49.15		--		PB	Pt.
Kabbani Aimeri	2003-12-12	129102904					C.A.Polydium Chateauguy	
	50 Freestyle	1	25.61	F	25.59	100%		Pt.
	50 Freestyle	1	26.21		25.59	95%		Pt.
	100 Freestyle	1	56.99	F	57.08	100%	PB	Pt.
	100 Freestyle	1	58.65		57.08	95%		Pt.
	200 Freestyle	1	2:13.37	F	2:11.13	97%		Pt.
	200 Freestyle	1	2:13.95		2:11.13	96%		Pt.
	400 Freestyle	1	4:52.64	F	4:51.24	99%		Pt.
	400 Freestyle	1	4:58.72		4:51.24	95%		Pt.
	1500 Freestyle	1	19:49.29		19:30.53	97%		Pt.

Leonard Frederick	2004-09-04	129151660	C.A.Polydium Chateauguy						
	50 Freestyle	3	33.56	F	36.09	116%	PB	Pt.	
	50 Freestyle	3	32.64		36.09	122%	PB	Pt.	
	100 Freestyle	3	1:15.42		1:19.63	111%	PB	Pt.	
	200 Freestyle	3	2:44.63	F	3:06.08	128%	PB	Pt.	
	200 Freestyle	5	2:48.16		3:06.08	122%	PB	Pt.	
	400 Freestyle	2	5:41.39	F	7:03.76	154%	PB	Pt.	
	400 Freestyle	2	5:46.13		7:03.76	150%	PB	Pt.	
	1500 Freestyle	3	23:37.51		--		PB	Pt.	
Matsiuk Timofey	2005-02-06	129151661	C.A.Polydium Chateauguy						
	100 Freestyle	5	1:27.11		1:32.33	112%	PB	Pt.	
	400 Freestyle	4	7:01.68		7:39.53	119%	PB	Pt.	
	1500 Freestyle	5	29:55.59		--		PB	Pt.	
Nadeau Edouard	2006-11-03	129127400	C.A.Polydium Chateauguy						
	50 Freestyle	4	44.06	F	43.47	97%		Pt.	
	50 Freestyle	5	40.37		43.47	116%	PB	Pt.	
	100 Freestyle	4	1:40.10	F	1:35.39	91%		Pt.	
	100 Freestyle	5	1:36.14		1:35.39	98%		Pt.	
	200 Freestyle	3	3:40.96	F	3:18.89	81%		Pt.	
	200 Freestyle	6	3:35.66		3:18.89	85%		Pt.	
	400 Freestyle	3	7:24.88	F	--		PB	Pt.	
	400 Freestyle	4	7:37.97		--		PB	Pt.	
	1500 Freestyle	2	29:11.25		--		PB	Pt.	
Nicolas Vlad	2003-01-21	129094309	C.A.Polydium Chateauguy						
	50 Freestyle	4	30.48	F	31.20	105%	PB	Pt.	
	50 Freestyle	5	30.21		31.20	107%	PB	Pt.	
	100 Freestyle	3	1:08.08	F	1:09.06	103%	PB	Pt.	
	100 Freestyle	6	1:10.01		1:09.06	97%		Pt.	
	200 Freestyle	4	2:32.96	F	2:33.15	100%	PB	Pt.	
	200 Freestyle	5	2:36.34		2:33.15	96%		Pt.	
	400 Freestyle	3	5:32.89	F	5:47.89	109%	PB	Pt.	
	400 Freestyle	4	5:35.02		5:47.89	108%	PB	Pt.	
	1500 Freestyle	2	22:16.93		23:21.81	110%	PB	Pt.	
Pascaru Alexander	2007-12-19	129151658	C.A.Polydium Chateauguy						
	50 Freestyle	1	36.31	F	39.28	117%	PB	Pt.	
	50 Freestyle	2	36.31		39.28	117%	PB	Pt.	
	100 Freestyle	2	1:28.09	F	1:43.83	139%	PB	Pt.	
	100 Freestyle	4	1:32.29		1:43.83	127%	PB	Pt.	
	200 Freestyle	2	3:28.54	F	3:29.37	101%	PB	Pt.	
	200 Freestyle	4	3:31.67		3:29.37	98%		Pt.	
	400 Freestyle	2	7:21.78	F	--		PB	Pt.	
	400 Freestyle	6	7:45.63		--		PB	Pt.	
1500 Freestyle		31:08.98		--		PB	Pt.		
Rekkeb Youcef	2007-06-06	129168062	C.A.Polydium Chateauguy						
	50 Freestyle	9	45.83		--		PB	Pt.	
	100 Freestyle	9	1:57.74		--		PB	Pt.	
	200 Freestyle	9	4:25.28		--		PB	Pt.	
Striglogiannis Pano	2007-08-03	129125788	C.A.Polydium Chateauguy						
	50 Freestyle	2	37.96	F	35.88	89%		Pt.	
	50 Freestyle	3	37.06		35.88	94%		Pt.	
	100 Freestyle	1	1:26.67	F	1:25.78	98%		Pt.	
	100 Freestyle	3	1:29.39		1:25.78	92%		Pt.	
	200 Freestyle	1	3:15.45	F	3:19.63	104%	PB	Pt.	
	200 Freestyle	3	3:19.73		3:19.63	100%		Pt.	
	400 Freestyle	1	7:08.79	F	--		PB	Pt.	
	400 Freestyle	3	7:09.20		--		PB	Pt.	
	1500 Freestyle	1	28:49.56		--		PB	Pt.	

Therrien Jessy	2009-01-30	129168060	C.A.Polydium Chateauguay					
50 Freestyle	5	46.69	F	--:--			PB	Pt.
50 Freestyle	8	45.11		--:--			PB	Pt.
100 Freestyle	6	1:48.06	F	1:52.88	109%		PB	Pt.
100 Freestyle	8	1:47.32		1:52.88	111%		PB	Pt.
200 Freestyle	6	4:00.48	F	--:--			PB	Pt.
200 Freestyle	8	3:57.99		--:--			PB	Pt.
400 Freestyle	5	8:26.08	F	--:--			PB	Pt.
400 Freestyle	7	8:19.61		--:--			PB	Pt.

Total 108 individual results, average performance: 104.3%  
0 new record(s), 70 new personal best(s)  
Biggest improvement: Farago Tristan, 50 Freestyle 43.75

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King of Freestyle 2018**

**King Of Freestyle (CAN) -10-19-2018-10-21**

Results summary

Women, Short Course (25m), Can PARA 2012

	Distance,Stroke	Pl.	Time	Round	Old PB.	Diff.		
Almeida Giovanna	2004-08-19	129102899					C.A.Polydium Chateauguy	
	50 Freestyle	1	29.32	F	28.92	97%		Pt.
	50 Freestyle	3	29.87		28.92	94%		Pt.
	100 Freestyle	1	1:03.61	F	1:04.06	101%	PB	Pt.
	100 Freestyle	2	1:07.10		1:04.06	91%		Pt.
	200 Freestyle	1	2:22.87	F	2:24.77	103%	PB	Pt.
	200 Freestyle	2	2:26.17		2:24.77	98%		Pt.
	400 Freestyle	2	5:11.32	F	5:14.37	102%	PB	Pt.
	400 Freestyle	1	5:13.67		5:14.37	100%	PB	Pt.
	800 Freestyle	2	11:00.81		11:16.70	105%	PB	Pt.
Benoit-Gallien Zoe	2004-08-24	129168067					C.A.Polydium Chateauguy	
	50 Freestyle	6	33.16	F	34.81	110%	PB	Pt.
	50 Freestyle	8	33.05		34.81	111%	PB	Pt.
	100 Freestyle	10	1:18.64		--		PB	Pt.
	200 Freestyle	11	2:58.81		--		PB	Pt.
	400 Freestyle	10	6:37.36		--		PB	Pt.
Conyers Yasmine	2005-03-28	129144558					C.A.Polydium Chateauguy	
	50 Freestyle	3	30.44	F	29.53	94%		Pt.
	50 Freestyle	5	30.77		29.53	92%		Pt.
	100 Freestyle	3	1:08.31	F	1:05.92	93%		Pt.
	100 Freestyle	4	1:09.52		1:05.92	90%		Pt.
	200 Freestyle	3	2:31.49	F	2:31.87	101%	PB	Pt.
	200 Freestyle	5	2:34.78		2:31.87	96%		Pt.
	400 Freestyle	4	5:22.25	F	5:47.20	116%	PB	Pt.
	400 Freestyle	6	5:33.68		5:47.20	108%	PB	Pt.
	800 Freestyle	3	11:17.21		11:56.13	112%	PB	Pt.
Cool Charlotte	2001-12-14	129135062					C.A.Polydium Chateauguy	
	50 Freestyle	5	32.37	F	31.22	93%		Pt.
	50 Freestyle	4	31.75		31.22	97%		Pt.
	100 Freestyle	5	1:12.60		1:12.70	100%	PB	Pt.
	200 Freestyle	5	2:50.16	F	2:40.11	89%		Pt.
	200 Freestyle	6	2:48.15		2:40.11	91%		Pt.
	400 Freestyle	5	6:03.80		6:06.33	101%	PB	Pt.
Daigneault Alice	2004-06-29	129077640					C.A.Polydium Chateauguy	
	50 Freestyle	9	33.32		34.18	105%	PB	Pt.
	100 Freestyle	9	1:13.59		1:19.27	116%	PB	Pt.
	200 Freestyle	9	2:47.44		2:55.39	110%	PB	Pt.
	400 Freestyle	8	5:49.58		6:16.58	116%	PB	Pt.
	800 Freestyle	5	12:08.29		13:32.16	124%	PB	Pt.
Gheorghe Anastasia	2007-02-25	129151659					C.A.Polydium Chateauguy	
	50 Freestyle	3	43.41	F	51.59	141%	PB	Pt.
	50 Freestyle	5	41.83		51.59	152%	PB	Pt.
	100 Freestyle	4	1:34.05	F	1:52.81	144%	PB	Pt.
	100 Freestyle	6	1:33.90		1:52.81	144%	PB	Pt.
	200 Freestyle	3	3:31.12	F	--		PB	Pt.
	200 Freestyle	4	3:31.80		--		PB	Pt.
	400 Freestyle	4	7:20.52	F	--		PB	Pt.
	400 Freestyle	5	7:17.14		--		PB	Pt.
	800 Freestyle	7	15:57.49		--		PB	Pt.
Graham Hannah	2007-04-26	129164238					C.A.Polydium Chateauguy	
	50 Freestyle	9	57.28		54.07	89%		Pt.
	100 Freestyle	10	2:09.16		--		PB	Pt.
	200 Freestyle	8	4:40.18		4:10.95	80%		Pt.
	400 Freestyle	9	9:49.34		--		PB	Pt.
	800 Freestyle	9	19:17.69		--		PB	Pt.

Graham Trinity	2006-01-01	129135064	C.A.Polydium Chateauguy					
	50 Freestyle	4	40.94		43.73	114%	PB	Pt.
	100 Freestyle	2	1:32.04	F	1:37.06	111%	PB	Pt.
	100 Freestyle	5	1:32.84		1:37.06	109%	PB	Pt.
	200 Freestyle	3	3:28.17		3:21.55	94%		Pt.
	400 Freestyle	5	7:22.58	F	--:--		PB	Pt.
	400 Freestyle	7	7:24.27		--:--		PB	Pt.
	800 Freestyle	6	15:50.24		--:--		PB	Pt.
Hebert Amelya	2007-07-30	129172051	C.A.Polydium Chateauguy					
	50 Freestyle	8	47.62		--:--		PB	Pt.
	100 Freestyle	6	1:44.30	F	--:--		PB	Pt.
	100 Freestyle	9	1:46.84		--:--		PB	Pt.
	200 Freestyle	7	4:17.97		--:--		PB	Pt.
	400 Freestyle	6	8:44.88	F	--:--		PB	Pt.
	400 Freestyle	8	8:41.85		--:--		PB	Pt.
	800 Freestyle	8	17:53.64		--:--		PB	Pt.
Lemaire Malyka	2003-09-12	129116709	C.A.Polydium Chateauguy					
	50 Freestyle	2	30.44	F	29.60	95%		Pt.
	50 Freestyle	2	29.34		29.60	102%	PB	Pt.
	100 Freestyle	2	1:07.49	F	1:07.32	99%		Pt.
	100 Freestyle	2	1:06.71		1:07.32	102%	PB	Pt.
	200 Freestyle	3	2:30.17	F	2:28.76	98%		Pt.
	200 Freestyle	2	2:28.11		2:28.76	101%	PB	Pt.
	400 Freestyle	2	5:17.44	F	5:23.73	104%	PB	Pt.
	400 Freestyle	2	5:17.18		5:23.73	104%	PB	Pt.
	800 Freestyle	3	11:09.85		11:17.95	102%	PB	Pt.
Marleau Catherine	2002-03-05	129116710	C.A.Polydium Chateauguy					
	50 Freestyle	3	31.72		33.00	108%	PB	Pt.
	100 Freestyle	5	1:12.06	F	1:13.81	105%	PB	Pt.
	100 Freestyle	6	1:13.87		1:13.81	100%		Pt.
200 Freestyle	5	2:34.83		2:44.46	113%	PB	Pt.	
Patton Cadence	2003-09-08	129069683	C.A.Polydium Chateauguy					
	50 Freestyle	4	31.72	F	32.12	103%	PB	Pt.
	50 Freestyle	6	32.50		32.12	98%		Pt.
	100 Freestyle	4	1:10.72	F	1:10.08	98%		Pt.
	100 Freestyle	4	1:10.86		1:10.08	98%		Pt.
	200 Freestyle	2	2:29.53	F	2:33.55	105%	PB	Pt.
	200 Freestyle	3	2:31.77		2:33.55	102%	PB	Pt.
	400 Freestyle	3	5:21.88	F	5:21.94	100%	PB	Pt.
	400 Freestyle	3	5:18.07		5:21.94	102%	PB	Pt.
800 Freestyle	2	11:08.62		11:24.54	105%	PB	Pt.	
Perron Justine	2006-03-24	129168061	C.A.Polydium Chateauguy					
	50 Freestyle	2	40.38	F	--:--		PB	Pt.
	50 Freestyle	6	43.39		--:--		PB	Pt.
	100 Freestyle	3	1:33.98	F	--:--		PB	Pt.
	100 Freestyle	7	1:34.84		--:--		PB	Pt.
	200 Freestyle	2	3:27.00	F	--:--		PB	Pt.
	200 Freestyle	5	3:31.88		--:--		PB	Pt.
	400 Freestyle	3	7:04.75	F	--:--		PB	Pt.
	400 Freestyle	4	7:16.88		--:--		PB	Pt.
	800 Freestyle	4	15:07.59		--:--		PB	Pt.
Riel-Paré Marianne	2002-10-04	129144559	C.A.Polydium Chateauguy					
	50 Freestyle	3	31.47	F	33.21	111%	PB	Pt.
	50 Freestyle	5	32.34		33.21	105%	PB	Pt.
	100 Freestyle	3	1:09.63	F	1:11.49	105%	PB	Pt.
	100 Freestyle	3	1:09.49		1:11.49	106%	PB	Pt.
	200 Freestyle	4	2:32.57	F	2:48.02	121%	PB	Pt.
	200 Freestyle	4	2:33.50		2:48.02	120%	PB	Pt.
	400 Freestyle	4	5:24.78	F	6:16.58	134%	PB	Pt.
	400 Freestyle	4	5:28.72		6:16.58	131%	PB	Pt.
	800 Freestyle	4	11:15.36		13:30.50	144%	PB	Pt.

Roy Samara	2006-07-06	129168063	C.A.Polydium Chateauguy					
	50 Freestyle	4	43.66	F	--		PB	Pt.
	50 Freestyle	7	44.49		--		PB	Pt.
	100 Freestyle	5	1:34.95	F	--		PB	Pt.
	100 Freestyle	8	1:38.97		--		PB	Pt.
	200 Freestyle	4	3:32.12	F	--		PB	Pt.
	200 Freestyle	6	3:32.61		--		PB	Pt.
	400 Freestyle	2	7:04.73	F	--		PB	Pt.
	400 Freestyle	6	7:18.12		--		PB	Pt.
800 Freestyle	5	15:14.18		--		PB	Pt.	
Saumure Laetitia	2004-08-21	129135066	C.A.Polydium Chateauguy					
	50 Freestyle	4	32.10	F	32.43	102%	PB	Pt.
	50 Freestyle	7	32.88		32.43	97%		Pt.
	100 Freestyle	4	1:10.57	F	1:17.19	120%	PB	Pt.
	100 Freestyle	7	1:10.84		1:17.19	119%	PB	Pt.
	200 Freestyle	5	2:37.50	F	2:44.74	109%	PB	Pt.
	200 Freestyle	8	2:37.39		2:44.74	110%	PB	Pt.
	400 Freestyle	6	5:31.26	F	6:32.91	141%	PB	Pt.
	400 Freestyle	7	5:38.49		6:32.91	135%	PB	Pt.
800 Freestyle	6	12:13.07		12:32.78	105%	PB	Pt.	
Therrien Maia	2006-09-16	129135069	C.A.Polydium Chateauguy					
	50 Freestyle	1	33.10	F	34.46	108%	PB	Pt.
	50 Freestyle	1	32.90		34.46	110%	PB	Pt.
	100 Freestyle	1	1:14.14	F	1:18.56	112%	PB	Pt.
	100 Freestyle	1	1:14.25		1:18.56	112%	PB	Pt.
	200 Freestyle	1	2:44.65	F	2:49.43	106%	PB	Pt.
	200 Freestyle	1	2:47.02		2:49.43	103%	PB	Pt.
	400 Freestyle	1	5:47.91	F	7:12.44	154%	PB	Pt.
	400 Freestyle	2	5:51.49		7:12.44	151%	PB	Pt.
800 Freestyle	2	11:57.76		14:39.24	150%	PB	Pt.	
Toncheva Nicole	2004-03-27	129085939	C.A.Polydium Chateauguy					
	50 Freestyle	2	29.37	F	29.31	100%		Pt.
	50 Freestyle	2	29.77		29.31	97%		Pt.
	100 Freestyle	2	1:04.45	F	1:05.46	103%	PB	Pt.
	100 Freestyle	3	1:07.48		1:05.46	94%		Pt.
	200 Freestyle	2	2:25.07	F	2:34.03	113%	PB	Pt.
	200 Freestyle	1	2:24.77		2:34.03	113%	PB	Pt.
	400 Freestyle	1	5:06.35	F	5:23.12	111%	PB	Pt.
	400 Freestyle	4	5:26.60		5:23.12	98%		Pt.
800 Freestyle	1	10:47.12		11:24.04	112%	PB	Pt.	
Toncheva Yulia	1996-10-12	128914161	C.A.Polydium Chateauguy					
	50 Freestyle	1	27.87	F	27.80	99%		Pt.
	50 Freestyle	1	28.20		27.80	97%		Pt.
	100 Freestyle	1	1:00.34	F	1:01.11	103%	PB	Pt.
	100 Freestyle	1	1:00.76		1:01.11	101%	PB	Pt.
	200 Freestyle	1	2:13.24	F	2:11.90	98%		Pt.
	200 Freestyle	1	2:14.34		2:11.90	96%		Pt.
	400 Freestyle	1	4:40.52	F	4:50.37	107%	PB	Pt.
	400 Freestyle	1	4:43.59		4:50.37	105%	PB	Pt.
800 Freestyle	1	9:43.35		10:01.27	106%	PB	Pt.	
Vaillancourt Léa	2005-10-10	129144560	C.A.Polydium Chateauguy					
	50 Freestyle	10	34.52		33.92	97%		Pt.
	100 Freestyle	6	1:13.02	F	1:12.60	99%		Pt.
	100 Freestyle	8	1:11.97		1:12.60	102%	PB	Pt.
	200 Freestyle	6	2:38.10	F	2:39.51	102%	PB	Pt.
	200 Freestyle	7	2:36.38		2:39.51	104%	PB	Pt.
	400 Freestyle	5	5:29.39	F	6:16.97	131%	PB	Pt.
	400 Freestyle	5	5:33.18		6:16.97	128%	PB	Pt.
	800 Freestyle	4	11:19.08		13:05.59	134%	PB	Pt.

Total 155 individual results, average performance: 106.1%  
0 new record(s), 121 new personal best(s)  
Biggest improvement: Therrien Maia, 400 Freestyle 5:47.91